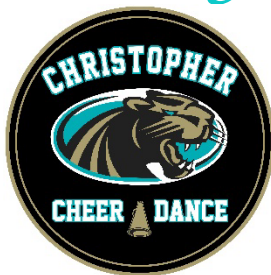


# Christopher High School



**2024-2025**

## Mid-Season Tryout Packet

Welcome to the Christopher High School Cheer and Dance Team. Participation in our program will be one of the most exciting and fun experiences you will have while attending Christopher High School. As a member, you are offered the opportunity for great personal growth, leadership development, and involvement in many different exciting activities.

The Christopher High School Cheer and Dance Team (“CDT”) will consist of JV Cheer, Varsity Cheer, Varsity Dance, and Mascot for the 2024 - 2025 school year.

CDT members perform at rallies, football games, basketball games, as well as support other sports and events when called upon such as wrestling, soccer and senior night for various teams. CDT members are also responsible for other school events, in addition to occasional community events. CDT members are part of both Athletics and A.S.B

*\*\*This mid-season tryout is limited to students who were not registered by Christopher High School or Gilroy Unified School District at the time of CDT tryouts in March 2024 and/or received an inter-district transfer after the CDT March 2024 tryout. Coaches must receive approval from the school before an applicant is allowed to participate in the clinic or tryout.*

### TEAM MISSION

- Promote and uphold school spirit, unity, and pride.
- Represent the school to the highest degree.
- Always set an example of good behavior and sportsmanship (*whether in or out of uniform*).
- Promote friendship with each other and with schools with whom we compete or perform with.

### COMMITMENT

CDT membership requires more time and responsibility than most people realize. To be an effective member of this team you must commit a great deal of time throughout the **entire** season. We expect all team members to be 100% committed for the Fall and Winter seasons, as well as any Playoff/CCS Season. Social plans and/or vacations, job schedules, and other commitments cannot interfere with practices and games. Per school policy: You may not quit one sport to join another. There will be **no** exceptions to this rule.

### PLEASE CONSIDER THE FOLLOWING, BEFORE APPLYING/TRYING OUT:

1. Class and work schedules
2. Personal/family time and other commitments
3. Ability to commit to this program for approximately **5 months**.
4. Other sports or activities that may conflict with practice/game schedule (Ex: choir, band, field hockey, volleyball, gymnastics, basketball, club sports, dance, etc.)



**2024-2025 - Important Dates/Schedule**  
**(All Dates and Times are Subject to Change)**

<b>Date</b>	<b>Time</b>	<b>Event</b>	<b>Location</b>
<b>Weds, Sept 4, 2024</b>	---	Tryout Packet Available	CHS website chs.gilroyunified.org/athletics/cheer-and-dance
<b>Tues, Sept 10, 2024</b>	8:00 pm	<b>Mandatory</b> Parent and Applicant Meeting	CHS Library
<b>Mon, Sept 16, 2024</b>	4:00 pm	Deadline to Submit Tryout Packet/Documents	CHS Front Office Attn: Cheer & Dance
<b>Tues, Sept 17, 2024</b>	4:00-6:00 pm <i>(Arrive 10 min early for registration)</i>	Tryout Clinic	CHS Aux Gym and Dance Room
<b>Fri, Sept 20, 2024</b>	5:30 until completed	Tryouts-Evaluations	Dance Room
<b>Sat, Sept 21, 2024</b>	10:00 am	Tryout Results Posted	Main Gym Doors
<b>Mid Sept - Nov 2024 (Mondays &amp; Weds.)</b>	TBD	Fall Practices	Auxiliary Gym & Dance Room
<b>Mon, Nov 11, 2024</b>	TBD	Veteran's Day Parade	Downtown Gilroy
<b>Sat, Dec 7, 2024</b>	5:00 pm	Gilroy Holiday Parade	Downtown Gilroy
<b>Nov 2024 – Feb 2025 (Days will vary)</b>	TBD	Winter Practices	Auxiliary Gym & Dance Room

Please review the schedule. The dates above are **MANDATORY**.  
 You will be responsible for being at ALL events if you are placed on the team.

**All Pre-Existing Schedule Conflicts Must Be Addressed with the Head Coach Immediately**

**CHEER AND DANCE TEAM TRYOUT CLINIC REQUIREMENTS:**

- **Mandatory** Meeting for Parents and Applicants on Tuesday, **September 10, 2024 at 8:00pm** in the library. If you are unsure about participating, we recommend you attend this meeting!
- Completed Tryout Application (Details about packet follow)

- Male and female applicants are to wear plain black shorts or leggings, a plain black t-shirt (no tank tops or crop tops) and athletic, cheer, or jazz shoes (no vans, air force ones, or sandals).
- Applicants will be given and must wear a number at clinic and the day of tryouts.
- Hair must be pulled back neatly in a ponytail.
- Absolutely NO jewelry is allowed (this includes nose, lip, or belly rings)
- No gum

**TRYOUT PERFORMANCE REQUIREMENTS:**

Applicants must have a positive attitude, display sharp, precise moves, show energy, spirit, smile, have enthusiastic showmanship, and demonstrate crowd involvement. Special skills and original choreography should be practiced individually.

**Cheer Applicants:**

1. Applicant is required to learn 3 cheers and 1 cheer will be selected at random to perform at tryouts.
2. Applicant must learn a dance routine and applicant is required to include a small section of original choreography created by the applicant.
3. 1 special skill (example: toe touch/cheer jump, kicks, or tumbling skill)

**Dance Applicants:**

1. 3 cheers will be taught but 1 cheer will be selected at random to perform at tryouts.
2. Applicant will learn a dance routine and applicant must include a small section of original choreography created by the applicant.
3. 1 special skill (example: turns, leaps, jumps, or other dance skill)

\*Depending on the number of applicants you will perform the above in groups of 2 and/or individually and you will be judged by a team of qualified judges.

**POINT SYSTEM**

***The Points Listed Below are the Maximum Amount an Applicant Can Receive in Each Section. Deductions Can and Will be Made for Various Reasons.***

Tryout Packet - turned in on time (10 points), completed correctly (10 points), attendance at mandatory meeting (5 points)	25
Overall Clinic Evaluation (effort, team spirit, & attitude) – (10 points)	10
Teacher/Coach Evaluation Forms – (average of the 2 scores will be taken)	20
CDT Handbook Test	10
Tryout Performances Score (average of judges’ scores)	85

**TOTAL POSSIBLE POINTS 150**

Tryout and Clinic will be **Closed** to Everyone except for Coaches, Instructors, and Judges. Tryout Scores Are Confidential Between Coaches, Judges, and CHS Administration. Scores Will Not Be Shared with Students, Parents, or the Public.

**TRYOUT APPLICATION INSTRUCTIONS**

**APPLICATION DOCUMENTS**

- Forms can be downloaded on the Christopher High School Website  
<http://chs.gilroyunified.org/athletics/cheer-and-dance>
- There are 3 tabs (Tryout Application, GUSD Documents, and Mid-Season CDT Handbook)
  - You must PRINT all three (3) documents.

**DIRECTIONS FOR TEACHER/COACH EVALUATION FORMS:**

- Give one form to two (2) different teachers from your school and/or coaches that you had during the 2023 – 2024 school year.
- These completed forms will remain **confidential** between coaches and the teacher/coach.
- Forms reviewed or turned in by the applicant will NOT be accepted.
- Applicants may ask teachers/coaches to return the completed forms via email at [chscheeranddance@gmail.com](mailto:chscheeranddance@gmail.com) or turn in a sealed envelope with the teacher's/coach's signature over the seal with their packet.
- **Remind your teacher/coach that the forms are due by Monday, September 16, 2024.**

**PLEASE TURN IN APPLICATION IN THE FOLLOWING ORDER:**

1. Application and Photo – stapled to the corner of the sheet.
2. Mid-Season Handbook Agreement – Last page only signed by applicant and parent/guardian.
3. Grade Check – copy of 4<sup>th</sup> quarter grades from the 2023-2024 school year.
4. Printed and Signed Gilroy Unified School District Forms
  - Residency Verification Contract
  - Voluntary Activities Participation Form
  - Extracurricular/Athletic Activity Medical Treatment Authorization

*Deadline to Submit Application & Evaluations:*

***Monday, September 16, 2024, by 3:45pm***

Please submit to CHS Main School Office – Attention: CHS Cheer & Dance

**\*\* PLEASE ARRIVE 10 MINUTES EARLY ON THE DAY OF THE CLINIC  
TUESDAY, SEPTEMBER 17, 2024,**

**CHRISTOPHER HIGH SCHOOL**  
**CHEER & DANCE TEAM APPLICATION**  
**(Due: Monday, Sept 16, 2024, at 3:45pm)**

**CIRCLE ONE:**

**JV CHEER    VARSITY DANCE    VARSITY CHEER    MASCOT**

Please provide a recent 2 x 5 photo of the only applicant (no hats/sunglasses) and staple it to the top right corner of this application.

Applicant's Name:

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Parent(s)/Legal Guardian(s) Name(s):

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Address:

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Applicant Cell:

Work Phone:

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Parent(s) Cell:

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Date of Birth:

Age:

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Applicant's Non-School E-mail address:

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Parent(s) E-mail address:

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School Grade 2024-2025: \_\_\_\_\_

Experience or Skills (Cheer, Dance, Gymnastics, Performing):

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**Medical Information:**

Medical Problems/Allergies/Medications:

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Emergency Contact \_\_\_\_\_ Phone: \_\_\_\_\_



**TEACHER/COACH EVALUATION**

**Cheer and Dance Team Candidate:** \_\_\_\_\_

**Teacher/Coach Evaluating Candidate:** \_\_\_\_\_

**Evaluator's School/Program:** \_\_\_\_\_

**Teacher's Subject:** \_\_\_\_\_

Christopher Cheer and Dance team members are committed to the team for 5 months and will represent the school at various events. The candidate will be required to regularly attend practices, games, school activities as well as community events. As their teacher, we ask that you please rate the candidate and answer the questions below. ***ALL INFORMATION WILL REMAIN CONFIDENTIAL:***

**Please rate candidate from 1-5 (5 being the highest) in these areas:**

- |                                 |   |   |   |   |   |
|---------------------------------|---|---|---|---|---|
| 1. Attendance/Punctuality:      | 1 | 2 | 3 | 4 | 5 |
| 2. Respect for Authority/Peers: | 1 | 2 | 3 | 4 | 5 |
| 3. Work Ethic:                  | 1 | 2 | 3 | 4 | 5 |
| 4. Responsibility/Reliability:  | 1 | 2 | 3 | 4 | 5 |

**Total Points:** \_\_\_\_\_/20

Would you recommend this student for the CHS Cheer and Dance Team? Please explain your response:

\_\_\_\_\_  
\_\_\_\_\_

Additional comments or information you would like to share:

\_\_\_\_\_  
\_\_\_\_\_

**Evaluator's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Thank you very much for your honest input regarding the candidate!*

Please return this form via email to [chscheeranddance@gmail.com](mailto:chscheeranddance@gmail.com).  
This evaluation must be received by **Monday, September 16, 2024, at 3:45pm.**

***\*The completion of this form is required and contributes to the candidate's score.***



**TEACHER/COACH EVALUATION**

**Cheer and Dance Team Candidate:** \_\_\_\_\_

**Teacher/Coach Evaluating Candidate:** \_\_\_\_\_

**Evaluator's School/Program:** \_\_\_\_\_

**Teacher's Subject:** \_\_\_\_\_

Christopher Cheer and Dance team members are committed to the team for 5 months and will represent the school at various events. The candidate will be required to regularly attend practices, games, school activities as well as community events. As their teacher, we ask that you please rate the candidate and answer the questions below. ***ALL INFORMATION WILL REMAIN CONFIDENTIAL:***

**Please rate candidate from 1-5 (5 being the highest) in these areas:**

- |                                 |   |   |   |   |   |
|---------------------------------|---|---|---|---|---|
| 1. Attendance/Punctuality:      | 1 | 2 | 3 | 4 | 5 |
| 2. Respect for Authority/Peers: | 1 | 2 | 3 | 4 | 5 |
| 3. Work Ethic:                  | 1 | 2 | 3 | 4 | 5 |
| 4. Responsibility/Reliability:  | 1 | 2 | 3 | 4 | 5 |

**Total Points:** \_\_\_\_\_/20

Would you recommend this student for the CHS Cheer and Dance Team? Please explain your response:

\_\_\_\_\_  
\_\_\_\_\_

Additional comments or information you would like to share:

\_\_\_\_\_  
\_\_\_\_\_

**Evaluator's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Thank you very much for your honest input regarding the candidate!*

Please return this form via email to [chsheeranddance@gmail.com](mailto:chsheeranddance@gmail.com).  
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